



POB 9705  
Fountain Valley, CA 92728-9705

Co-Sponsors:  
Community Perinatal Network



Sweet Success Express  
Professional Education Center

Register Now!  
**Diabetes &  
Pregnancy**  
Conference in **ATLANTA**

Corporate Sponsors: Abbott Nutrition,  
Medtronic Diabetes, NovoNordisk

#### Who Should Attend?

OB Office & Clinic Staff-RNs-RDs-MSW/LCSW-NP-CNM-MD- CHW -Others, CDEs needing renewal Credits  
For other locations, Visit: <http://www.sweetsuccessexpress.com./conferences.htm>



**SSEP**

Presents

# Current Standards of Practice for Diabetes in Pregnancy Sweet Success Associate Training

Atlanta, GA - September 24-25, 2010

#### Conference Site & Lodging

September 24-25, 2010  
**DoubleTree Hotel**  
**Atlanta Airport**  
**3400 Norman Berry Dr.**  
**Atlanta, GA**  
**404-763-1600**

Rooms are available at \$109-S-D/night until Aug. 27, 2010  
(\$15 each for additional persons)  
Hotel shuttle available from and to airport  
Hotel Parking: \$5.00/day

#### For more information Contact:

**SSEP**  
P.O. Box 9705  
Fountain Valley, CA 92728-9705  
Register by phone/fax: 714-968-0735  
Email: [ssep1@verizon.net](mailto:ssep1@verizon.net) or Online at:  
<http://www.sweetsuccessexpress.com./conferences.html>

#### Liability and Insurance

The conference secretariat and organizers cannot accept liability for personal accidents or loss of or damage to private property of participants and accompanying persons, either during or indirectly arising from the Current Practice of Standards for Diabetes in Pregnancy - Sweet Success Associate Training. Participants should make their own arrangements with respect to

Participants may want to bring a sweater or light wrap as  
conference rooms are often cool.

REGISTER EARLY - LIMITED ATTENDANCE  
Light Breakfast/Lunch/Refreshments & Syllabus are provided

## COURSE DESCRIPTION

This program is designed to provide practical, hands-on information about diagnosis, management, education and support of women with pregnancies complicated by diabetes. It is intended for multi-disciplinary team members that provide direct care to women with pregnancies complicated by diabetes. Participants will receive information about current practice standards, management interventions, an introduction to self-management and self-care strategies that are implemented during pregnancies complicated by diabetes and impact the future health and well-being of mothers and their children. Management and strategy concepts are based on the highly successful Sweet Success model of care and are consistent with the current American Diabetes Association Recommendations.

## COURSE OBJECTIVES

Upon completion of this program, the participant will be able to:

- Discuss the value of implementing multidisciplinary diabetes in pregnancy programs
- Demonstrate an understanding of the pathophysiology of diabetes and pregnancy
- State the Sweet Success recommendations for screening, diagnosis, and follow up of gestational diabetes
- Counsel women before, during, and after pregnancy about reducing long and short term risks of hyperglycemia during pregnancy to the mother, fetus and off spring
- State the blood glucose target values and self monitoring frequencies during pregnancy and lactation for women with diabetes
- Outline nutritional guidelines for women with diabetes during pregnancy
- Describe a healthy eating plan for women with diabetes during pregnancy
- State the potential benefits of promoting life style changes to include exercise in pregnancies complicated by diabetes
- Identify tools to assess coping with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy
- Explain how to safely and accurately use medications, insulin and oral agents to achieve normoglycemia
- Describe successful motivational and culturally sensitive techniques for counseling women with diabetes
- Demonstrate an understanding of the impact of culture on self-care behaviors
- State the benefits of breastfeeding to women & infants following a pregnancy complicated by diabetes
- Demonstrate ability to conduct an initial diabetes & pregnancy teaching session

## Continuing Education Credit

**Accreditation for Nurses:** Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 10.5 (7 day one/3.5 day two) Contact Hours. Alabama Provider #5-67 and Florida FBN #2219 for 8.5 (6 day one/2.5 day two) Contact Hours. Meets Texas Type I criteria. This program has been designed to meet Board of Nursing CE requirements for license renewal in all 50 states. CE Certificate mailed following program conclusion.

*"Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation"*

**Nurses: SSEP** is a provider approved by the California Board of Registered Nursing Provider #13813 for 10.5 (7 day one/3.5 day two) Contact Hours. Certificates available at end of training.

**RD/DTR:** Application for CPEUS for RD/DTRs has been submitted to CDR.

**LCSW/MFT: MCCPOP** is approved as a provider of continuing education by the California Board of Behavioral Sciences, Provider #1104. This program meets the qualifications for up to 10.5 hours of continuing education credits for LCSWs and MFTs.

## Faculty

**Canger, MSW, MFT, LCSW:** Behavioral Medicine Specialist: California Diabetes and Pregnancy Program, Region 4: Stanford University; Palo Alto, California

**Sara Corder, RD:** Kaiser Permanente Riverside, Previously Nutrition Consultant California Diabetes and Pregnancy Program, Region 7, Loma Linda University Children's Hospital Loma Linda, California

**Julie Daley, RN, MS, CDE:** SSEP Board of Directors, Diabetes Nurse Clinician & Coordinator Diabetes & Pregnancy Program, Women & Infants' Hospital, Providence, Rhode Island

**Suzanne Sparks, RN, BSN, CDE:** Coordinator & Nurse Educator; California Diabetes and Pregnancy Program, Region 7 Loma Linda Univ. Children's Hospital Loma Linda, California

## Mail Your Registration To: SSEP

P.O. Box 9705

Fountain Valley, CA 92728-9705

Register

by phone/fax: 714-968-0735

Online: <http://www.sweetsuccessexpress.com/conferences.htm>

Contacts: SSEP: 714-968-0735 or [ssep1@verizon.net](mailto:ssep1@verizon.net)

## Friday - Day 1 - AGENDA

Time	Event/Speaker
7:30	Registration and Mini Breakfast
8:00	Welcome and Introductions - Opening
8:10	Physiology of Diabetes and Pregnancy - Julie Daley, RN MS CDE
8:45	Glycemic Therapy: Clinical Approaches to Medications - Julie Daley RN MS CDE
9:45	Exhibits & Refreshments
10:00	Medical Management of Diabetes and Pregnancy - GDM & Pre-existing DM - Julie Daley RN MS CDE
10:45	Medical Nutrition Therapy for Diabetes in Pregnancy - Sara Corder RD
11:45	Lunch Presentation & Exhibits
12:45	Special Issues & Complications of Labor and Birth - Julie Daley, RN MS CDE
1:30	Breastfeeding and Newborn Care - Suzanne Sparks RN BSN CDE
2:15	Exhibits & Refreshments
2:30	Postpartum Diabetes Prevention and Preconception Counseling - Suzanne Sparks, RN, BSN, CDE
3:00	Managing Psycho social Need, Cultural Issues & Barriers to Care - Canger MSW MFT LCSW
4:00	Sweet Success: Teaching Lifestyle Change- Suzanne Sparks RN BSN CDE
4:45	Q/A & Wrap-up
5:00	Adjourn

## Saturday Morning - Day 2 AGENDA

Time	Event / Speaker
7:30	Registration and Mini Breakfast
8:00	Welcome - Opening
8:15	Case Studies - Interactive Group Sessions - Team
9:15	Initial Teaching: Interactive Group Session - Team
10:00	Exhibits & Refreshments
10:15	Insulin Management (Injections/Pump)- Interactive Workshop Julie Daley RN MS CDE
11:45	Q/A & Wrap-up
12:00	Adjourn

## REGISTRATION: Sweet Success Associates Training

NAME \_\_\_\_\_ Lic: \_\_\_\_\_  
MD \_\_\_\_\_ DO \_\_\_\_\_ CNM \_\_\_\_\_ RN(C) \_\_\_\_\_ LPN/VN \_\_\_\_\_  
RD/DTR \_\_\_\_\_ MSW/LCSW \_\_\_\_\_ Other \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Email Address: \_\_\_\_\_

## PAYMENT METHOD:

### Check: Make payable to SSEP

Mail to: PO Box 9705, Fountain Valley, CA 92728

Credit Card: Visa \_\_\_\_\_ MC \_\_\_\_\_ Am Ex \_\_\_\_\_ Disc \_\_\_\_\_

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ 3/4 digit sec code \_\_\_\_\_

Signature \_\_\_\_\_

Total Amount Paid .....\$ \_\_\_\_\_

## PROGRAM FEES & DISCOUNTS:

EARLY REGISTRATION: Received by Ph/Fx, online or Postmarked by 8/27/10

(After that date, Add \$35 to fees below)

	SSEP/SS Memb.	Non-Memb.	1Day
Physician. ....	\$245	\$275	\$200
Other Lic. Prof ....	\$225	\$245	\$175
Non-Licensed .....	\$200	\$225	\$155

At door - as space allows: Add \$60 to above fees

AT DOOR Fee Applies: After 9/20/10

SSEP/SS Mbr. # \_\_\_\_\_

(Required for Member Discount)

## Cancellation Policy:

Written requests up to 10 days prior to event: Refund minus \$50 cancellation fee. Cancellation within 10 days: may send substitute or request a credit letter (minus \$50 cancellation fee) for a future non-California SSEP training. Cancellation request must be in writing. Substitutes always OK with written instructions.